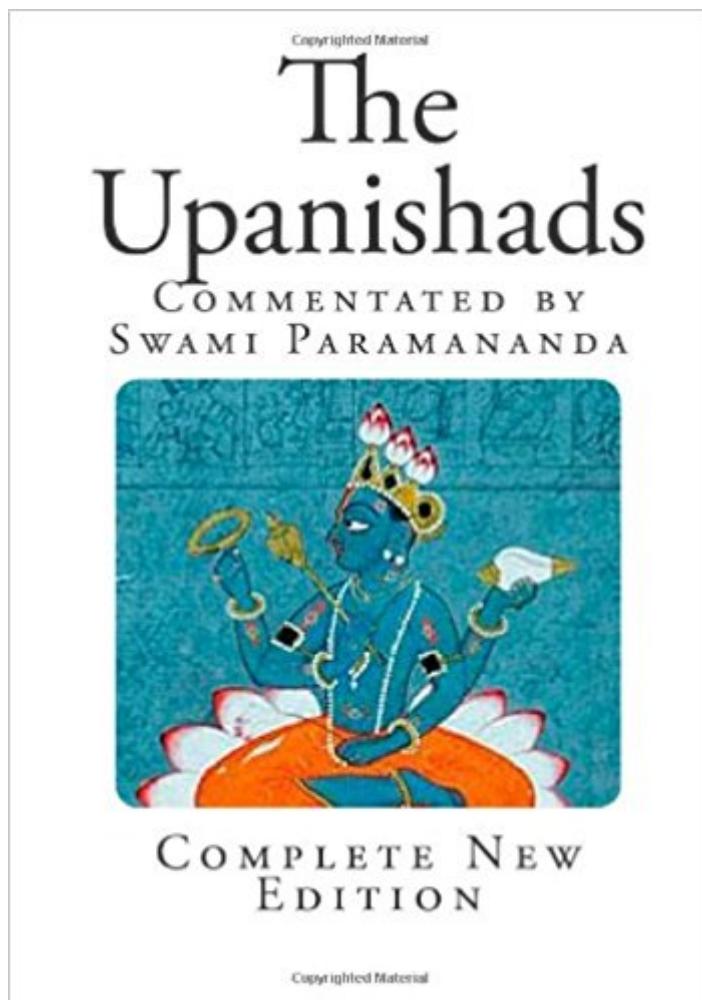


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# The Upanishads (Hindu Religious Texts)



## Synopsis

The Upanishads - Translated and Commentated by Swami Paramananda - New Edition - Brand New Copy - The Upanishads are a collection of philosophical texts which form the theoretical basis for the Hindu religion. They are also known as Vedanta ("the end of the Veda"). The Upanishads are considered by Hindus to contain revealed truths (Sruti) concerning the nature of ultimate reality (brahman) and describing the character and form of human salvation (moksha). The Upanishads are found mostly in the concluding part of the Brahmanas and Aranyakas and have been passed down in oral tradition. More than 200 Upanishads are known, of which the first dozen or so are the oldest and most important and are referred to as the principal or main (mukhya) Upanishads. With the Bhagavad Gita and the Brahmasutra (known collectively as the Prasthanatrayi), the mukhya Upanishads provide a foundation for the several later schools of Vedanta, among them, two influential monistic schools of Hinduism. The mukhya Upanishads all predate the Common Era, possibly from the Pre-Buddhist period (6th century BCE) down to the Maurya period. The remainder of the Muktika canon was mostly composed during medieval Hinduism, and new Upanishads continued being composed in the early modern and modern era, down to at least the 20th century.

## Book Information

Series: Hindu Religious Texts

Paperback: 72 pages

Publisher: CreateSpace Independent Publishing Platform (November 24, 2013)

Language: English

ISBN-10: 1494261553

ISBN-13: 978-1494261559

Product Dimensions: 7 x 0.2 x 10 inches

Shipping Weight: 6.9 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 starsÂ  See all reviewsÂ  (18 customer reviews)

Best Sellers Rank: #1,905,748 in Books (See Top 100 in Books) #94 inÂ  Books > Religion & Spirituality > Hinduism > Sacred Writings > Upanishads

## Customer Reviews

I ordered this because I have read the Upanishads in the past. I thought it would be nice to have a kindle version and this one was cheap. I should have just ordered the kindle Eknath Easwaran translation, even though it cost more. This version is not the full Upanishads. It is only a small part. It might shed more light on the little bit of the Upanishad that it covers, but I'm not sure even that is

true. I found that the commentary disturbed the continuity of the writing. I don't recommend this.

I have the hardback version of this book and it is excellent except the commentary by the Swami is in too small of print for my old eyes. Kindle fixes that.

I purchased the Kindle version of this book. My reason for reading it was because it had been referenced so many times in the yoga books that I have been reading, and I wanted to understand more about the foundation of yoga. This is an fascinating dialog, well translated into English. It is worth your time to read and re-read.

Concisely written, the author wants to be sure that we Westerners understand all aspects of this very ancient text. If you have ever wondered about references made with regard to the Upanishads, read this and be satisfied.

Maybe The Upanishads had something to do with this book, but it is really a commentary, not a translation at all. The text actually mentions things such as man discovering atoms, then electrons. Obviously this is not the translation of a 4000 year old poem. There is no distinction in the text between what is original and what is commentary. After reading this book, one has no idea of the actual ancient text. Buy another version.

Great text for reference and it helps reinforce religious studies when exploring east/west comparison's, teachings of Jesus in the gospels of the New Testament, gnosticism, and Rosicrucianism, as well new age teaching by Emerson, Fox, Neville, Virtue, Dyer, Hay, and even Dr Chopra of course, to name just some of so many.

I am full time Hindu practitioner now having escaped the fear conclaves of Christian monopoly in the western world - though going to college does assist in having many varying ideas - this book represents the case for the basis of Hinduism - having a kindle copy is easy access

This small text on the Upanishads can help illuminate the mind. The teachings are very simple, but by no means easy to put into practice. Anyone wanting to learn more along the Buddhist and Hindu point of view would do well to read this text at least twice.

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